



UROLOGY, P.C.

5500 Pine Lake Road Lincoln, Nebraska 68516 (402) 489-8888 Fax (402) 421-1945

R.A. Crusinberry, M.D.
D.L. Henslee, M.D.
P.E. Howe, M.D.
S.S. Lacy, M.D.
C.E. Larson, M.D.
A.J. Lepinski, M.D.
L.A. Wiebusch, M.D.
D.B. Wiltfong, M.D.
M.K. Fulton, APRN-C
C.T. Bock, PA-C
T.A. Wood, PA-C
K.A. Wragge, PA-C

BCG Bladder Instillation Instructions

EXPLANATION:

BCG is a solution made of the tubercular bacillus developed in such a way that it can be used in the treatment of bladder tumors. This solution is placed into the bladder on a weekly basis and often monthly as a maintenance.

PREPARING FOR THE BLADDER INSTILLATION:

Before coming to your appointment, you should limit your fluid intake for 4 hours. Drink only what is necessary to take your pills or a small amount of water is fine. Less fluid in the bladder will help keep the medication more concentrated in the bladder and also make it easier for you to hold the solution for 2 hours.

THE INSTILLATION:

When you come to the office you may be asked to give a urine specimen. You will then be placed on the exam table and will have some numbing medication instilled into the bladder. A catheter will be put into the bladder and the medication instilled. The catheter will then be removed and you will be able to go home. There should not be any problem with you driving home.

THE MEDICATION SHOULD THEN BE RETAINED IN THE BLADDER FOR 2 HOURS.

EMPTYING YOUR BLADDER AFTER AN INSTILLATION:

1. After 2 hours have passed, you must sit down on the toilet to pass your urine. (This keeps the medication from splashing outside the toilet.) You must continue to pass your urine while seated for 6 hours after your treatment.
2. For the next 6 hours, you must disinfect the urine and toilet bowl with household bleach. Use 1 cup of bleach after each urination, and pour it into the toilet. All the bleach to sit for 20 minutes before flushing.
3. After you have urinated the first time, increase your fluid intake to "flush" the bladder for several hours after treatment.

POSSIBLE SIDE EFFECTS:

You will probably experience burning the first time or two after treatment. You may also experience fever, chills, malaise, flu-like symptoms or fatigue. These are usually temporary and may be helped with Tylenol or other over the counter pain medication. ***If your temperature stays over 102 for more than 12 hours, please notify the office. If you experience severe urinary symptoms such as continued burning, pain, urgency, frequency, blood in the urine, joint pain, cough or skin rash please call our office.***

OTHER CONSIDERATIONS:

It is best not to be on any antibiotics while you are doing your BCG treatments unless prescribed by your physician. This cannot be helped sometimes. Please let us know if another physician places you on an antibiotic during therapy.

Women should not become pregnant while doing BCG therapy.

Please feel free to call our office if you have any questions at 402-489-8888.