



UROLOGY SURGICAL CENTER

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PRECAUTIONS FOLLOWING PROSTATE BIOPSY

The following is a guide to help you care for yourself following a transrectal biopsy of the prostate gland.

Listed below are three conditions that you should particularly watch for. If any of the following occur, call your physician or local emergency room immediately.

1. Excessive pain

You may experience some discomfort following the biopsy. Taking Tylenol (Acetaminophen) should alleviate your discomfort. Do not take aspirin following your biopsy for 2-3 days or until all visible bleeding has stopped. If the pain becomes severe or is uncontrolled by the above measures, contact your physician.

2. Excessive bleeding

Do not be alarmed if you have some blood from your rectum, in your urine, and/or in your ejaculate. This is normal and may last up to 5 days for the bowel and urine and for 3-4 weeks in the ejaculate. Small clots from the rectum or in the urine are of no concern.

3. Fever of 101° F or more

If you run a fever over 101° F, contact your physician immediately. If you are unable to reach him, go immediately to the nearest emergency room and explain that you had a transrectal biopsy of the prostate.

Please feel free to contact your physician if you have any questions or concerns. The phone number is (402) 489-8888.