



# UROLOGY, P.C.

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## **INTRON BLADDER INSTILLATION INSTRUCTIONS**

You are about to receive medication into your bladder. This is done by inserting a catheter into the opening of the urethra (opening where the urine comes out), then into the bladder. When the catheter is in the bladder, medication (Intron) will be passed through the catheter into the bladder. This is called a bladder instillation. You will receive your Intron treatment for twelve (12) weeks. Following this you will be scheduled for another cystoscopy. Following the cystoscopy, your doctor will make a decision as to whether you will need additional treatment.

### **BEFORE INSTILLATION**

Do not drink fluids for at least one hour before your treatment. This will help you keep the medication in your bladder for the recommended two (2) hour period.

Do not urinate for one hour before instillation. This is to assure that urine is in the bladder when the catheter is inserted and is a check for the urine as to proper catheter placement.

### **DURING INSTILLATION**

The medication will be instilled into your bladder through a catheter. The catheter will be removed at the end of the procedure.

The medication should be kept in your bladder for two (2) hours.

You will be asked to stay in the clinic for 15 minutes after the first treatment to ensure that you don't have a reaction to the treatment.

### **AFTER INSTILLATION**

Now that you have retained the medication in your bladder for the past two (2) hours, there are several things that you must follow.

- Sit down on the toilet to urinate and fully empty your bladder.
- Wash hands and genital area thoroughly after you urinate.
- Drink plenty of fluids after your instillation to flush your bladder.